

Co-Curricular and Extra-Curricular Activities at O'Carolan College, Nobber

Academic subjects and co-curricular and extra-curricular activities complement each other and assist in developing well rounded, socially skilled and healthier students who have experience working in teams.

Students who are actively involved in such activities tend to improve their academic grades also. This may be due to increased motivation, self — esteem and organisational and time management skills. With the wide and diverse range of co-curricular and extra-curricular activities which will be on offer at O'Carolan College, it is envisaged that students will be in a position to choose an activity that appeals to them personally.

Examples of proposed activities include:

Gaelic	Rugby	Badminton
Athletics	Basketball	Drama
Debating	Cookery	Choir
Photography	Computer club	Musicals
Art Club	Junk Kouture	Mathletes
Enterprise/Mini Company	Young Social Innovators	Tech
Equestrian	Young Scientist	Fundraising Activities
Robert Ballagh Art	Robotics	Gaisce
Competition		
Green Schools	Student Voice	Local/Regional/National &
		International Educational Trips
School Radio	SASS	One Good School (OGS)
Club na Gaeilge		